## Author Guidelines

**Lalitkala Research Journal** is a peer reviewed multidisciplinary journal published by Lalitkala Campus, Bhotahity, Kathmandu, Nepal. The aim of the journal is to publish the quality research works. Double blinded review of the research works is our main process and the journal will publish two issues each year.

For the journal, authors must send two files of their manuscript: (a) The complete version including the author names, designation, affiliations, and email addresses along with the paper and (b) a blinded manuscript without any author information in the text or on the title page. Self-identifying citations and references in the text should either be avoided or left blank.

### Manuscript Submission Process

Author must submit their manuscripts to the editing coordinator of the journal at joshidirghalc86@gmail.com in Microsoft word format based on Authors' Guidelines. The **Times New Roman** font style is mandatory for articles in English language and **Preeti** is mandatory for the articles in Nepali language.

### Preparation of Manuscript Guideline

1. Format: The whole text including references should be typed with single space with margins of one inch on both sides. The manuscript should be arranged in this order: (1) Title page, (2) Abstract and Keywords, (3) Text (Introduction, Materials and Methods, Results, Discussion and conclusion), (4) Acknowledgements, (5) References, (6) Tables, and (7) Figures
2. Title: Times New Roman [12] and [14 for Nepali]
3. Abstract: The abstract should limit to 150-225 words including the purpose, methodology, results and implication in a paragraph.
4. Keywords: The manuscript should have 4-6 keywords which can reflect the theme of the paper.
5. Text: The text should be divided into (1) Introduction, (2) Materials and Methods in sufficient detail, (3) Results or analysis (4) discussion or interpretation, and (5) conclusion.
6. Headings: The heading level 1 (title of the article) must be in 12 pt. (bold) in center, heading level 2 (Introduction, Materials and Methods, Result etc.) must be in 10 pt. (Bold) align left, heading level 3 (Population, Sampling Technique, Data Analysis Technique etc.) 10 pt. (bold, italic) align left and heading level 4, 10 pt. (Bold, Italic). Numbering in heading is not acceptable.
7. Length of Paper: **Full Length Article** submissions should not normally exceed **8,000 words** excluding tables.
8. Font: Font should be Times New Roman with 10pt size (12pt size for Nepali) and 1 pt. spacing.
9. Acknowledgements: All acknowledgements including financial support should be mentioned under this heading.
10. References: The list of references and citations should be in American Psychology Association (APA 7th ed.) format.

11. *Tables, figures and equations:* Tables, figures and equations should be in APA style.
12. *Units of Measurements:* Measurements of length, height, weight and volume should be reported in metric units. Temperature should in degree Celsius.
13. *Abbreviations:* Only the standard abbreviations should be used. Abbreviations should be avoided in the Title and Abstract.

**Reference should be used as follows:**

For APA 7th edition please follow this format:
**https://www.stmarys-ca.edu/sites/default/files/attachments/files/apa7threv.pdf**